



SPRING 2017

WOMEN'S EMPOWERMENT WORKSHOP

IGNITING THE REAL YOU: USING YOUR INNER POWER

TUESDAY NIGHTS (2/21, 3/7, 3/21, 4/4, 4/18)

TIME: 7:00 – 9:00 PM

FEE- \$125

LOCATION: UNITY OF THE TRIANGLE

5570 MUNFORD ROAD, RALEIGH, NC 27612

A workshop, in a nurturing and supportive environment, to inspire women of all ages (16-100), while discovering who you are, how you relate to others, and where you want to go in this life. The knowledge learned can be related to personal or professional growth. You'll leave this workshop series with information and insight into your personality, self-identity, goal setting, social support, unique talents, motivation, and team development.

Co-Sponsors Contact Information:

Circle Up Consulting, LLC www.circleupconsulting.com (919) 972-8241

Susan Arnold Coaching, LLC www.coachsusanarnold.com (919) 840-8351

**Registration Information Links and Email Addresses are on both websites.*

“OUR DEEPEST FEAR IS THAT WE ARE POWERFUL BEYOND MEASURE” – M. WILLIAMSON